

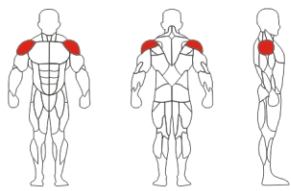
STRENGTH COLLECTION



LATERAL RAISE BF-E1005

- Gas-assisted seat and inward facing orientation helps user easily align shoulder joint to pivot.
- Padded arm pads and fixed handles allow for easy user positioning.

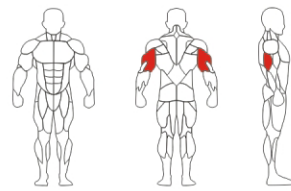
Length	mm	1300
Width	mm	900
Height	mm	1370
Machine weight	kg	173
Max load	kg	56



SEATED DIP BF-E1026

- Unique linear motion path for correct exercise movement with narrow and wide handle positions.
- Forward angled seat back keeps you secure in the machine.

Length	mm	1400
Width	mm	1070
Height	mm	1350
Machine weight	kg	230
Max load	kg	109



HACK SQUAT BF-E1057

- Plate load non angled for easier loading/unloading of weight.

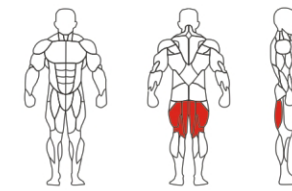
Length	mm	2240
Width	mm	1260
Height	mm	1260
Machine weight	kg	196
Max load	mm	1260



SEATED LEG CURL BF-E1023

- Easy entry allows user to align knee joint with pivot for proper exercise mechanics.
- Padded adjustable back pad allows easy alignment of knees to pivot.

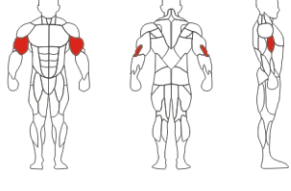
Length	mm	1650
Width	mm	940
Height	mm	1350
Machine weight	kg	223
Max load	kg	109



CAMBER CURL BF-E1030

- The S-Line Bicep Curl features a preacher curl position with comfortable, auto-adjust hand grips for all users.
- The lateral roller and pivoting back pad provide a superior, comfortable movement during the full range of motion.
- The single seat adjustment is ratcheting for proper exercise positioning.

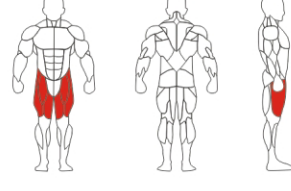
Length	mm	1190
Width	mm	890
Height	mm	1350
Machine weight	kg	169
Max load	kg	64



ABDUCTOR BF-E1021

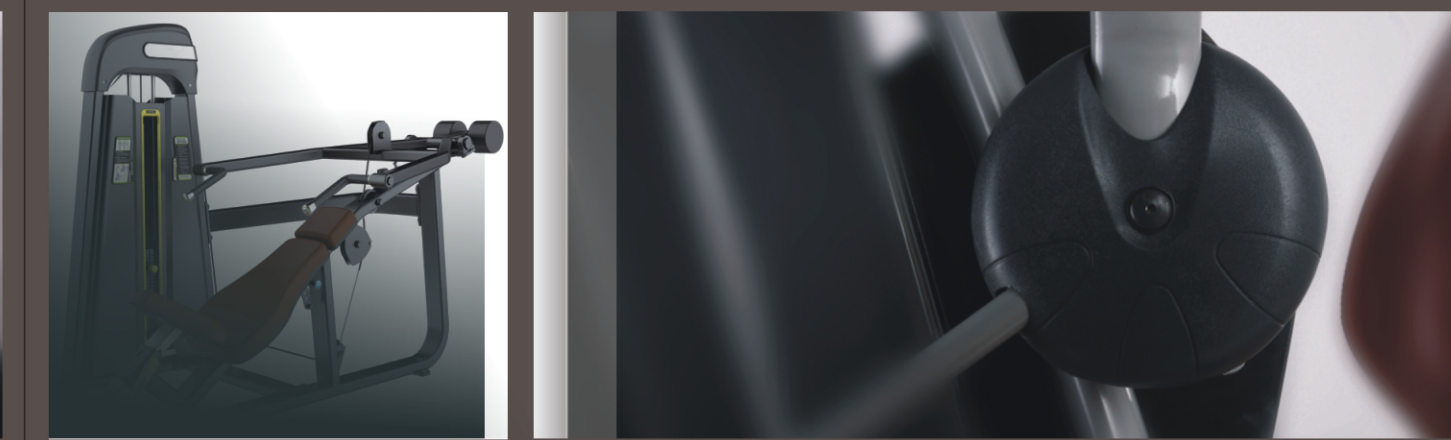
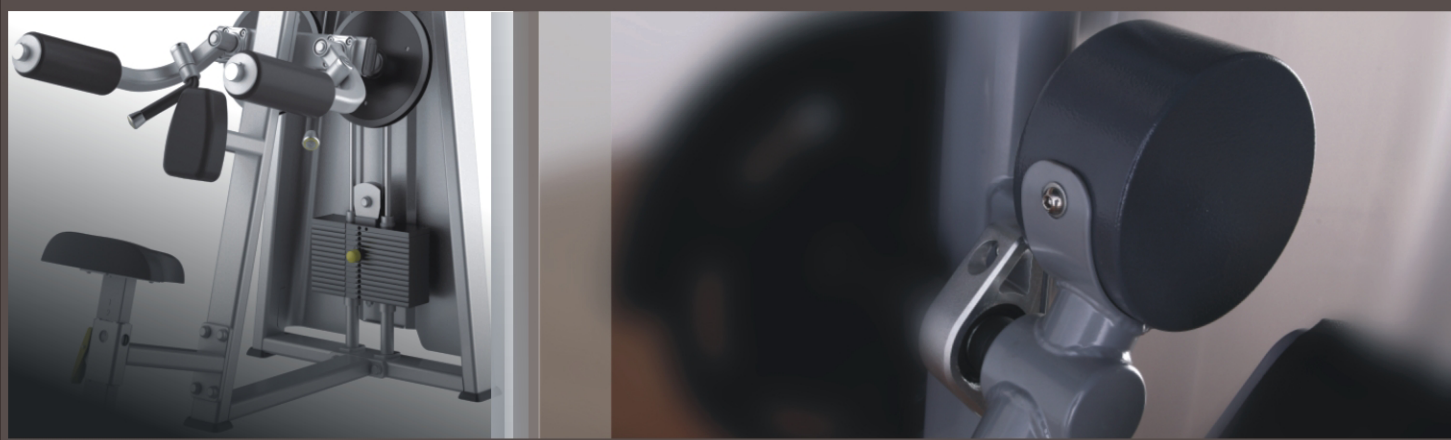
- The S-Line Abductor features an easy-adjust position for both inner and outer thigh exercises. The pivoting high pad is angled for improved function and comfort during workouts. Dual foot pegs accommodate users of all sizes.

Length	mm	1550
Width	mm	960
Height	mm	1350
Machine weight	kg	214
Max load	kg	64



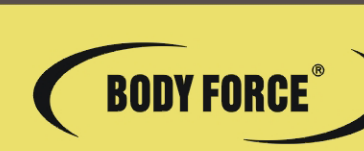
MULTI FUNCTIONAL TRAINER BF-E1017

Length	mm	1050
Width	mm	1760
Height	mm	2250
Weight Stack	kg	32.7
Total Weight	kg	345



BODY FORCE *Just For Health*

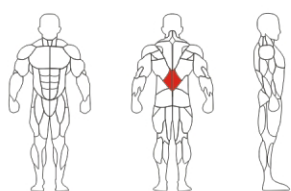
E1000LINE



BACK EXTENSION BF-E1031

- The S-Line Back Extension features a wall in and use design with no adjustments necessary.
- The lateral roller and pivoting back pad provide a superior, comfortable movement during the full range of motion.

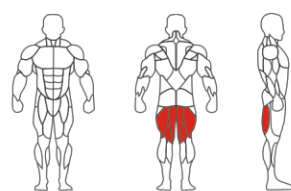
Length	mm	1300
Width	mm	890
Height	mm	1350
Machine weight	kg	255
Max load	kg	109



PRONE LEG CURL BF-E1001

- Easy entry allows user to align knee joint with pivot for proper exercise mechanics.
- Ankle roller pad adjusts for varying leg length.

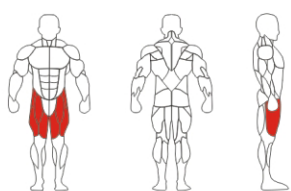
Length	mm	1520
Width	mm	990
Height	mm	1350
Machine weight	kg	216
Max load	kg	94



LEG EXTENSION BF-E1002

- The S-Line Leg Extension features multiple, adjustable start positions for workout flexibility, and a self-aligning ankle pad for comfort and convenience.
- Ratcheting adjustable back pad allows easy alignment of knee pivot.

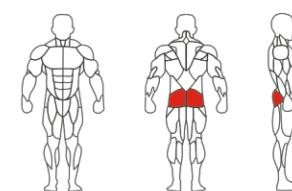
Length	mm	1300
Width	mm	990
Height	mm	1350
Machine weight	kg	223
Max load	kg	109



GLUTE ISOLATOR BF-E1024

- Curvilinear motion path does not require hip alignment, and long movement arm encourages knee extension for full glute activation.
- The innovative movement arm allows the user to achieve total stability without the need for adjustments.
- The back rest ensures pelvic stability and abdominal muscle isolation.

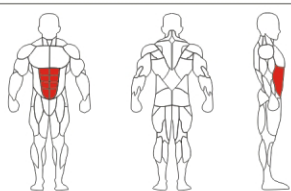
Length	mm	1130
Width	mm	860
Height	mm	1350
Machine weight	kg	141
Max load	kg	49



ABDOMINAL ISOLATOR BF-E1018

- This machine uses the hip flexors to increase use of the abdominal wall muscle.
- The innovative movement arm allows the user to achieve total stability without the need for adjustments.
- The back rest ensures pelvic stability and abdominal muscle isolation.

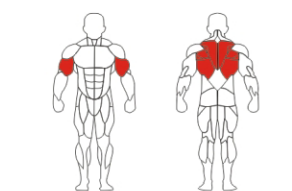
Length	mm	1190
Width	mm	970
Height	mm	1350
Machine weight	kg	209
Max load	kg	94



VERTICAL ROW BF-E1034

- The S-Line Seated Row features adjustable chest pad and seat height for desired start exercise position. Extra long seat allows taller user to get a full stretch and full range of motion. Comfortable grips with multiple hand positions fit users of all size.

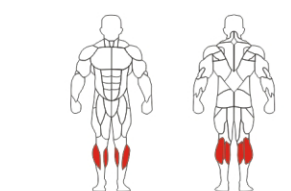
Length	mm	1550
Width	mm	1320
Height	mm	160
Machine weight	kg	194
Max load	kg	94



SEATED CLFA BF-E1062

- Durable release arm and convenient handle. Plate load from angle for easier loading/unloading of weight. Thigh pad adjustment telescopes to accommodate almost any user.

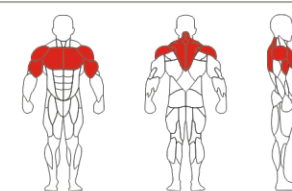
Length	mm	1560
Width	mm	710
Height	mm	990
Machine weight	kg	75



REAR DELT/PEC FLY BF-E1007

- The S-Line Rear Delt/Pec Fly features pivoting movement arms that automatically adjust for users' arm lengths.
- The easy-adjust start position and dual hand positions offer exercise variety. Ratcheting seat adjustment allow for proper height position. Long handle back pad provides back support for Pec Fly exercise, and chest support for Rear Delt movement.

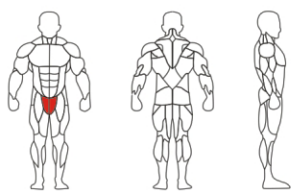
Length	mm	1240
Width	mm	990
Height	mm	2110
Machine weight	kg	261
Max load	kg	109



ADDUCTOR BF-E1022

- The S-Line Adductor features an easy-adjust position for both inner and outer thigh exercises. The pivoting high pads are angled for improved function and comfort during workouts. Dual footpeds accommodate users of all sizes.

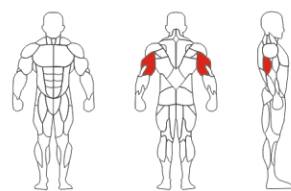
Length	mm	1550
Width	mm	860
Height	mm	1350
Machine weight	kg	216
Max load	kg	64



SEATED TRICEP BF-E1027

- The S-Line Tricep Extension features a preacher curl position with comfortable, auto-adjusting hand grips with ergonomic, press pad.
- The single seat adjustment is ratcheting for proper exercise positioning.

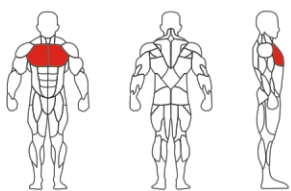
Length	mm	1140
Width	mm	940
Height	mm	1470
Machine weight	kg	119
Max load	kg	64



VERTICAL PRESS BF-E1008

- The S-Line Chest Press features comfortable, oversized grips with multiple positions, an adjustable back pad for desired pre-stretch start position, and an adjustable seat for proper exercise height and form.

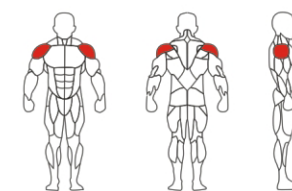
Length	mm	1220
Width	mm	1300
Height	mm	1350
Machine weight	kg	214
Max load	kg	109



SHOULDER PRESS BF-E1006

- The S-Line Shoulder Press features comfortable, oversized grips with multiple positions, and an adjustable seat back for desired start position and proper form.

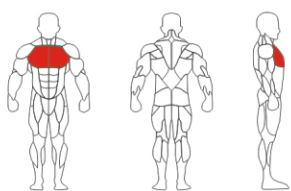
Length	mm	1050
Width	mm	1220
Height	mm	1320
Machine weight	kg	239
Max load	kg	109



INCLINE PRESS BF-E1013

- The S-Line Incline Press features comfortable, oversized grips with multiple positions, and an adjustable seat back for desired start position and proper form.

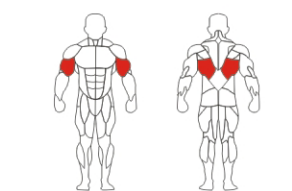
Length	mm	1050
Width	mm	1220
Height	mm	1320
Machine weight	kg	239
Max load	kg	109



INCLINE LEVER ROW BF-E1061

- Chest pad and non-slip footplate stabilize and support the user during exercise. Dual position handles allow user to fine-tune their exercise position. Durable pillow block bearings provide smooth, low-maintenance performance.

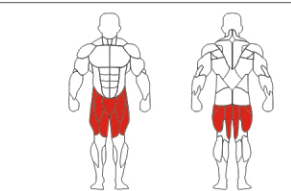
Length	mm	1850
Width	mm	790
Height	mm	1190
Machine weight	kg	86



ANGLED LEG PRESS BF-E1056

- The durable line-on-bearing mechanism creates smooth travel for the footplate sled. The adjustable seat back lets users set their most comfortable body position. Convenient handle size makes getting in and out of position very easy. An optional auto-on weight holder is available (not shown) for additional load capacity. Available with angled foot plate (60/90) foot plate. Plate storage is standard.

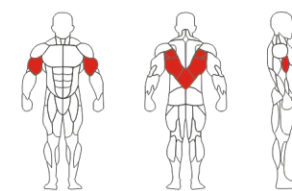
Length	mm	2210
Width	mm	1630
Height	mm	1350
Machine weight	kg	266



LONG PULL BF-E1033

- Off-the-floor design for convenient entry/exit. Extra large footplate accommodates users of all size. Handles are easily interchangeable.

Length	mm	1620
Width	mm	1090
Height	mm	260
Machine weight	kg	360
Max load	kg	109

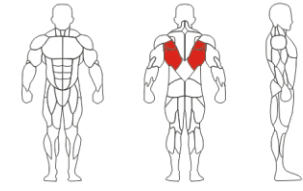




PULLDOWN BF-E1035

- Pulley is located so that the movement may be performed in front of or behind the head comfortably. Thigh pad adjustment will accommodate a wide variety of users.
- Handles can be interchanged.

Length	mm 1850
Width	mm 1090
Height	mm 2340
Machine weight	kg 248
Max load	kg 109



SUPER SQUAT BF-E1065

- Simulates a variety of lower body squatting exercises without the use of free weights. Can be used to place an interface. Features an oversized footplate, comfortably padded shoulder pads, and ample storage area.

Length	mm 2010
Width	mm 1630
Height	mm 1470
Machine weight	kg 196



MULTI-PURPOSE BENCH BF-E1038

Length	mm 1060
Width	mm 600
Height	mm 900
Total weight	kg 30



BACK EXTENSION BF-E1045

Length	mm 1210
Width	mm 890
Height	mm 670
Total weight	kg 55



SEATED PREACHER CURL BF-E1044

Length	mm 1130
Width	mm 640
Height	mm 880
Total weight	kg 54



SUPER BENCH BF-E1039

Length	mm 1380
Width	mm 680
Height	mm 690
Total weight	kg 43



FLAT BENCH BF-N1036

Length	mm 1410
Width	mm 680
Height	mm 420
Total weight	kg 30



VERTICAL PLATE TREE BF-N1054

Length	mm 600
Width	mm 610
Height	mm 1200
Total weight	kg 40



DUMBBELL RACK BF-N1049

Length	mm 720
Width	mm 240
Height	mm 810
Total weight	kg 111



POWER CAGE BF-N1048

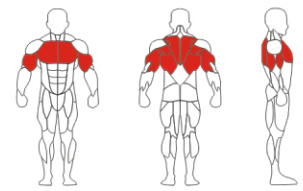
Length	mm 1570
Width	mm 1240
Height	mm 2340
Total weight	kg 164



DIP/CHIN ASSIST BF-E1009

- Overhead steps, comfortable knee pad, rotating dip handles, and multi-position pull-up handles are part of this highly versatile unit. The knee pad slips up and off the way for unassisted exercises. A linear bearing mechanism assures durability.

Length	mm 1550
Width	mm 1370
Height	mm 2360
Machine weight	kg 299
Max load	kg 84



OLYMPIC BENCH BF-E1043

Length	mm 1740
Width	mm 1700
Height	mm 1220
Total weight	kg 94



VERTICAL KNESS UP/DIP BF-E1047

Length	mm 1270
Width	mm 710
Height	mm 980
Total weight	kg 66



OLYMPIC BENCHINGLINE BF-N1042

Length	mm 1940
Width	mm 1700
Height	mm 1400
Total weight	kg 125



SQUAT RACK BF-N1050

Length	mm 1730
Width	mm 1700
Height	mm 1780
Total weight	kg 151



BEAUTY DUMBBELL RACK BF-N1067

Length	mm 680
Width	mm 1390
Height	mm 1010
Total weight	kg 112



SMITH MACHINE BF-N1063

- The bar is counter-balanced for a starting weight under 15 pounds. This is an ideal way for users of all strength levels to perform a wide range of upper and lower body exercises.
- There are no crossbar support members at floor level permitting benches to be conveniently rolled onto the unit from either direction. Features spring-loaded adjustable bar catches and plate storage area.

Length	mm 1420
Width	mm 2210
Height	mm 2380
Machine weight	kg 289



ADJUSTABLE CROSSOVER BF-N1016

- Consisting of two adjustable high-low pulley stations and a connector that offers dual chip-up bar options, the Crossover adjusts quickly for a wide range of exercise options.

Length	mm 4470
Width	mm 1090
Height	mm 2310
Machine weight	kg 396
Max load	kg 84



HANDLE RACK BF-N1053

Length	mm 840
Width	mm 780
Height	mm 1060
Total weight	kg 68



ROTARY TORSO BF-E1018

Length	mm 2240
Width	mm 1260
Height	mm 1260
Weight Stack	kg 64
Machine weight	kg 199



STRETCH TRAINER BF-N1071

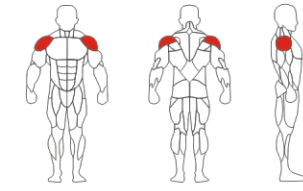
Length	mm 1380
Width	mm 520
Height	mm 1060
Machine weight	kg 35



LATERAL RAISE BF-E1005

- Gas-assisted seat and inward facing orientation helps user easily adjust shoulder joints pivot.
- Padded arm pads and fixed handles allow for easy user positioning.

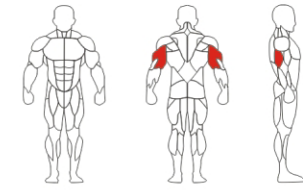
Length	mm 1300
Width	mm 960
Height	mm 1370
Machine weight	kg 173
Max load	kg 56



SEATED DIP BF-E1026

- Unique linear motion path for correct exercise movement with narrow and wide handle positions.
- Forward angled seat back keeps you secure in the machine.

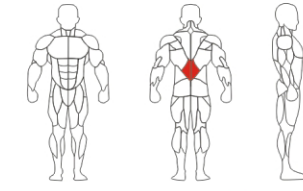
Length	mm 1400
Width	mm 1070
Height	mm 1350
Machine weight	kg 330
Max load	kg 109



BACK EXTENSION BF-E1031

- The S-Line Back Extension features a waist in anode design with no adjustments necessary.
- The lumbar roller padded pivoting back pad provides a superior, comfortable movement during the full range of motion.

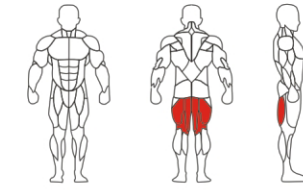
Length	mm 1300
Width	mm 890
Height	mm 1350
Machine weight	kg 255
Max load	kg 109



PRONE LEG CURL BF-E1001

- Easy entry allows user to align knee joint with pivot for proper exercise mechanics.
- Ankle roller pad adjusts for varying leg length.

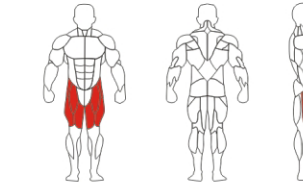
Length	mm 1520
Width	mm 990
Height	mm 1350
Machine weight	kg 216
Max load	kg 94



LEG EXTENSION BF-E1002

- The S-Line Leg Extension features multiple, adjustable seat positions for workout flexibility, and as if angling ankle pad for comfort and convenience.
- Reinforcing adjustable back pad allows easy alignment of knee pivot.

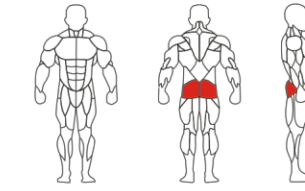
Length	mm 1300
Width	mm 990
Height	mm 1350
Machine weight	kg 225
Max load	kg 109



GLUTE ISOLATOR BF-E1024

- Curvilinear motion path does not require hip alignment, and long movement arm encourages knee extension for full gluteal involvement.
- Elbow pad, handles and large base platform stabilize the user during exercise.

Length	mm 1130
Width	mm 860
Height	mm 1350
Machine weight	kg 141
Max load	kg 49



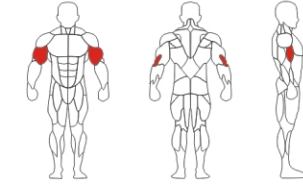
TOTAL HIP BF-E1011

Length	mm 1310
Width	mm 1150
Height	mm 1650
Weight Stack	kg 94
Total Weight	kg 170



CLASSIC AB BENCH BF-E1070

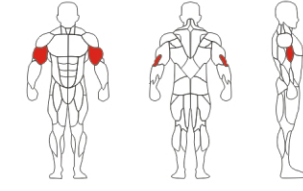
Length	mm 1570
Width	mm 930
Height	mm 1020
Total Weight	kg 68



CAMBER CURL BF-E1030

- The S-Line Bicep Curl features a preacher curl position with comfortable, auto-adjust hand grips for all users.
- The single seat adjustment is ratcheting for proper exercise positioning.

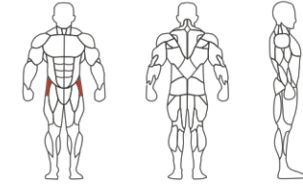
Length	mm 1190
Width	mm 890
Height	mm 1350
Machine weight	kg 169
Max load	kg 64



ABDUCTOR BF-E1021

- The S-Line Abductor features an easy-adjust position for both inner and outer thigh exercises. The pivoting thigh pads are angled for improved function and comfort during workouts. Dual foot bags accommodates users of all sizes.

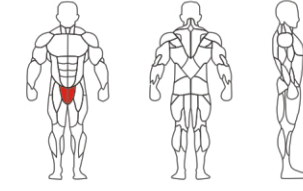
Length	mm 1550
Width	mm 860
Height	mm 1350
Machine weight	kg 214
Max load	kg 64



ADDUCTOR BF-E1022

- The S-Line Adductor features an easy-adjust position for both inner and outer thigh exercises. The pivoting thigh pads are angled for improved function and comfort during workouts. Dual foot bags accommodates users of all sizes.

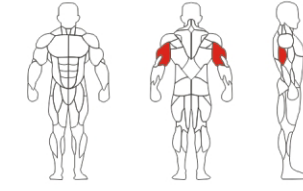
Length	mm 1550
Width	mm 860
Height	mm 1350
Machine weight	kg 214
Max load	kg 64



SEATED TRICEP FLAT BF-E1027

- The S-Line Tricep Extension features a preacher curl position with comfortable, auto-adjusting hand grips with ergonomic press pad.
- The single seat adjustment is ratcheting for proper exercise positioning.

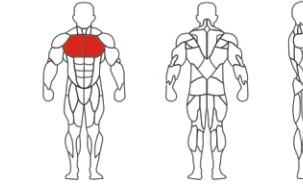
Length	mm 1140
Width	mm 940
Height	mm 1470
Machine weight	kg 119
Max load	kg 64



VERTICAL PRESS BF-E1008

- The S-Line Chest Press features comfortable, oversized grips with multiple positions, an adjustable seat pad for desired pre-stretch start position, and an adjustable seat for proper exercise height and form.

Length	mm 1320
Width	mm 1300
Height	mm 1350
Machine weight	kg 239
Max load	kg 109



SHOULDER PRESS BF-E1006

- The S-Line Shoulder Press features comfortable, oversized grips with multiple positions, and an adjustable seat pad for desired start position and proper form.

Length	mm 1220
Width	mm 1320
Height	mm 1390
Machine weight	kg 239
Max load	kg 109

